

## Dare To Lead™ Program

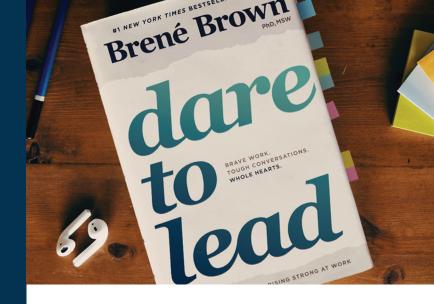
Based on the research of Dr. Brené Brown, Dare to Lead™ is an empirically based courage building program designed to be facilitated by organizational development professionals.

The most significant finding from Brené's latest research is that courage is a collection of four skill sets that are teachable, measurable, and observable. The Dare to Lead™ program focuses on developing these courage building skills through workshops, trainings, and coaching to help individuals, teams, and organizations move from armored leadership to daring leadership.

## Courage is a Collection of Four Skills

This program gives language, tools, and exercises to put these skills into immediate practice.

- Rumbling with Vulnerability: face risk, uncertainty, and tough conversations with courage, clarity, and empathy.
- Living into our Values: identify what you stand for and how to show up from a place of integrity every day.
- BRAVING Trust: build meaningful and authentic connections with your teams, colleagues, and clients so you can work together from a foundation of trust.
- Learning to Rise: become aware of your emotions and stories and learn how to lead with courage... even when faced with failure, disappointment, and setbacks.



## **Dare to Lead Trained**

Participants who have completed the full curriculum are eligible for the status of Dare To Lead<sup>TM</sup> Trained.

Individuals who are Dare to Lead™ Trained by a Certified Dare to Lead™ Facilitator become personally familiar with the skills and tools for use in their own work situations and relationships. They may work with their own teams using the Daring Teams Rollout Program Guide and/or the free resources available on the Dare to Lead™ Hub.

Those who successfully complete the Dare to Lead™ program may also add a badge on LinkedIn and may be displayed in the licenses and certification section.

## **Commitment to Training**

The Dare to Lead™ program requires courage, vulnerability, and active participation. When applying for Lead Local you are making a commitment to yourself and others to show up and engage in all aspects of the program.

Learn more about Dr. Brené Brown and here philosophy by scanning the QR code below.



